

BODY AWARE THERAPY, LLC

Health Assessment Form

Name

Today's Date

Birth date

Occupation

Hobbies

Emergency contact

Reason for visit

Approximate date symptoms began/ How long ago?

Medications: Please list ALL medications you are currently taking and why

Past medical history: Please list any surgeries, traumas, accidents or other conditions, and approximate dates of occurrences. Continue on other side of page if you need more room!

Place an x for any medical conditions you have.

Circulatory issues		Sleep Apnea	
High blood pressure		Visual disturbances	
Heart trouble		Medical implants	
Stroke		Migraines	
Epilepsy		Ringing in the ears	
Diabetes		bowel/bladder problems	

Place an X for symptoms you experience monthly or more frequently.

	Heart pounding or racing		Feeling faint or dizzy
	Irregular heartbeat		Skin rashes
	Chest pain, tightness		Asthma or shortness of breath
	Numbness, tingling in arm or leg		Heartburn or indigestion
	Back issues		Constipation

Consent to Treat release Form

1. If I experience discomfort during my session, I will immediately inform my therapists, so that the pressure can be adjusted to my level of comfort. I will not hold my therapist responsible for any pain or discomfort I experience during or after the session.
2. I understand that the services offered today are not a substitute for medical care. I understand that my therapist is not qualified to perform spinal adjustments, or diagnose physical or mental illness.
3. I affirm that I have notified my therapist of all known medical conditions, medications and injuries.
4. I agree to inform the therapist of any changes in my health and medical conditions and injuries.
5. I understand that massage and bodywork is entirely therapeutic and non-sexual in nature
6. I understand that should I cancel same day of the scheduled time or “no show” an appointment, I am subject to a fee of 50% of the scheduled appointment, payable before scheduling any further appointments.

Client Signature _____ Date _____

Guardian Signature if client is a minor
